

COMPARISON OF PREVALENCE OF DEPRESSION SYMPTOMS AND HISTORY OF SUICIDALITY IN STUDENTS OF MEDICAL SCHOOLS AND OTHER STUDY PROGRAMMES OF CHARLES UNIVERSITY

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QUESTIONNAIRE FOR STUDENTS

- 1) Year of study
 - a. 1st
 - b. 2nd
 - c. 3rd
 - d. 4th
 - e. 5th
 - f. 6th
 - 2) My age
 - 3) My gender
 - a. Male
 - b. Female
 - c. Do not state
 - 4) My native country
 - 5) Curriculum
 - a. Czech
 - b. English
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Additional questions

- 6) What's the size of my hometown?
 - a. Less than 5,000 residents
 - b. 5,001–10,000 residents
 - c. 10,001–50,000 residents
 - d. 50,001–100,000 residents
 - e. More than 100,000 residents
 - 7) What high school did I study?
 - a. Eight years of grammar school
 - b. Four years of grammar school
 - c. Other high school
 - 8) What's the educational attainment of my parents? (One option for mother, one for father or one for both):
 - a. Elementary school
 - b. High school with a vocational certificate
 - c. High school with a graduation certificate
 - d. University or college
 - 9) How many siblings do I have?
 - 10) Do I profess any religion or any kind of faith?
 - a. Yes
 - b. No
 - 11) Who do I live with during my studies?
 - a. Alone
 - b. With other students/friends
 - c. With my parents
 - d. Other
 - 12) I consider myself rather:
 - a. Introvert
 - b. Extrovert
 - 13) Requirements I place on myself and my surroundings are often not met, which frustrates me
 - a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
 - 14) I spend a lot of time dealing with my personal matters, my health, my image, and my relationships:
 - a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
 - 15) I tend to be ill more often than others during the year:
 - a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
 - 16) Does anyone in my family suffer from a diagnosed mental illness (depression, anxiety disorder, etc.)?
 - a. Yes
 - b. No
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- 17) Do I suffer from a diagnosed mental illness (depression, anxiety disorder, etc.)?
- a. Yes
 - b. No
 - c. I think, I suffer from some kind of mental illness, but I wasn't officially diagnosed with it
- 18) I made an attempt to take my own life in the past:
- a. Yes
 - b. No
- 19) How often do I drink alcohol including beer?
- a. Never
 - b. Maximum 5x a month
 - c. Maximum 4x a week
 - d. Every day
- 20) Do I smoke cigarettes or other tobacco products?
- a. Yes, regularly
 - b. Just occasionally
 - c. No, never
- 21) Do I use marihuana?
- a. No, never
 - b. Maximum once a year
 - c. Maximum once a month
 - d. More often
- 22) Do I use hard drugs?
- a. No, never
 - b. Maximum once a year
 - c. Maximum once a month
 - d. More often
- 23) The overall duration of my studies at the university (number of years):
- 24) Number of hours I spend on extra self-study daily (on average):
- a. Less than 2
 - b. 2 to 4
 - c. 4 to 6
 - d. 6 to 8
 - e. More than 8
 - f. I don't usually study much, only when tests or exams are approaching
- 25) I'm happy to have chosen my study programme and faculty:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 26) I've chosen my study programme because:
- a. I've truly wanted to
 - b. I was under pressure from my family
 - c. I was under pressure from someone outside my family
- 27) I can cope with an exam failure without any trouble:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
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- e. Definitely disagree
 - f. Not applicable
- 28) My study programme is difficult for me:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 29) Even with all of my study workload I have enough time for my friends and hobbies:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 30) I often feel stressed:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 31) I often face serious personal problems:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 32) When facing a difficult life situation, I would first reach out to:
- a. My family
 - b. My friends
 - c. Crisis intervention centre
 - d. My general practice
 - e. Student advisor/tutor
 - f. I wouldn't reach out for help, I'm used to dealing with my problems on my own
 - g. I would gladly reach out for help, but I feel like I don't have anyone to talk to
 - h. I don't know
- 33) Does my faculty have a support system for students in difficult life situations?:
- a. Yes
 - b. No
 - c. I don't know
- 34) I'm familiar with the possibility of using the faculty support system for students in difficult life situations
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
 - d. Rather disagree
 - e. Definitely disagree
- 35) I wouldn't hesitate to use the support system of my faculty:
- a. Definitely agree
 - b. Rather agree
 - c. I don't know
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- d. Rather disagree
 - e. Definitely disagree

36) How was (am) I affected by the situation caused by the COVID-19 pandemic?:

- a. Heavily, the whole situation disturbed me badly
 - b. The situation struck me, but I wasn't disturbed that much
 - c. Minimally
 - d. I wasn't affected in any way
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