

# SLEEP APNOEA FROM A DENTIST'S POINT OF VIEW

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## Patient record sheet

Sex: male ☐  
female ☐

Age: \_\_\_\_\_ years

Neck circumference: \_\_\_\_\_ cm

Weight: \_\_\_\_\_ kg

Height: \_\_\_\_\_ m

BMI: \_\_\_\_\_ kg/m<sup>2</sup>

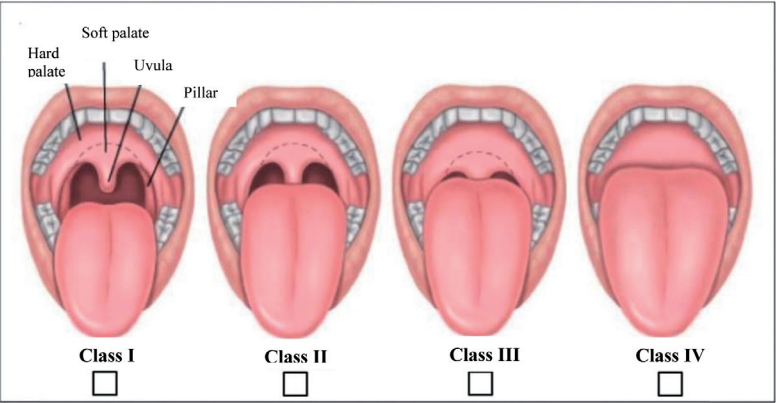
## Epworth Sleepiness Scale (8):

How likely are you to doze off or fall asleep in the following situations?		0	1	2	3
		No chance of dozing	Slight chance of dozing	Moderate chance of dozing	High chance of dozing
1	Sitting and reading	0	1	2	3
2	Watching TV	0	1	2	3
3	Sitting inactive in a public place (e.g., park, theatre, meeting)	0	1	2	3
4	As a passenger in a car for an hour without a break	0	1	2	3
5	Lying down to rest in the afternoon	0	1	2	3
6	Sitting and talking to someone	0	1	2	3
7	Sitting quietly after a lunch without alcohol	0	1	2	3
8	In a car, while stopped for a few minutes in traffic (e.g., waiting at traffic lights)	0	1	2	3

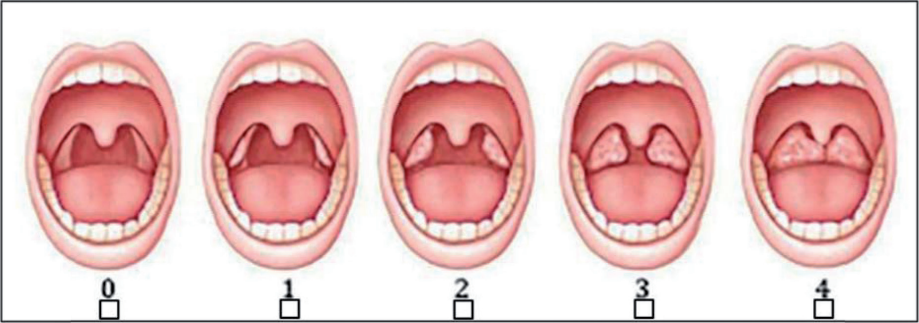
ESS – total score: \_\_\_\_\_

0–10 ☐  
11–14 ☐  
15–17 ☐  
18–24 ☐

**Mallampati classification (7):**



**Friedman classification (7):**



**Cephalometry:**

**Polysomnography:**