

INFLUENCES OF THE ENVIRONMENTAL POLLUTION ON THE IMMUNE SYSTEM: SOME RECENT VIEWS

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SUMMARY

The authors discuss the contemporary progress in preventive immunology with special attention to unfavourable effects of environmental pollution. They followed-up these problems systematically for more than twenty years and in this paper they present some of their results. They stress the importance of the protective effect of balanced nutrition with an adequate supply of vitamins and trace elements. The unfavourable effect of pollution is documented by different health aspects of the population living in the heavily polluted region of Northern Bohemia.

Key words: preventive immunology, environmental pollution, nutrition, vitamins supplies

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